HIGHLIGHTS OF 2011

- Educational and Awareness activities were provided to over 6,000 Delawareans.
- Over 250 people experiencing depression or an anxiety disorder, or loss of a loved one to suicide or murder attended one of our Statewide support groups.
- Continued as co-chair of Delaware’s Suicide Prevention Coalition along with The State’s Division of Substance Abuse and Mental Health and the Division of Prevention, Behavioral Health Services.
- Funded by the Department of Services for Children, Youth and Their Families through the Garrett Lee Smith Federal grant, MHA is working statewide in the community and in schools providing education and training about suicide prevention.
- Our suicide prevention initiative continues trainings in suicide prevention throughout the state.
- Continue being looked to as a leader in providing the most up to date information on mental well being services through our information and referral program.
- Coordinated depression screening sites statewide which screened over 200 people for depression, about 20% of whom screened positive and were referred for treatment.
- E-Racing the Blues® 5K Run/Walk 10K Run has seen over 2,500 people cross the finish line during its 9 year existence and has raised over half a million dollars.

2011 saw the continuation of our educational programs like suicide prevention trainings and the annual Community Mental Health Conference. We continued our emphasis on Suicide Prevention, training 930 gatekeepers in 2011 while distributing 4,800 suicide prevention toolkits and youth booklets. MHAID continued assisting the State of Delaware in the implementation of the Federal Department of Justice Settlement Agreement. Our advocacy efforts remain an important part of what we do as we do our support groups for depression, anxiety, survivors of suicide, and survivors of accidents and murder. We will continue chairing the Governor’s Advisory Council, co-chairing the State’s Suicide Prevention Coalition, and serving on the Supreme Court’s Mental Health Task Force as well as serving as Vice Chair of the Medicaid Pharmacy and Therapeutics committee insuring needed medications are available to those insured through Medicaid.

With our thanks for your past and present participation, we appeal for your continued support. Through financial donations and volunteer assistance, you help us expand our lifeline of services to individuals and families who struggle to maintain productive lives while managing mental health issues.

302-654-6833
www.mhainde.org

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2011 ANNUAL REPORT

MESSAGE FROM THE PRESIDENT & EXECUTIVE DIRECTOR

We would like to thank everyone who made 2011 a successful year of fulfilling the mission of Mental Health Association in Delaware (MHAID). The hard working staff who always seem to put out more work than their numbers would seem to permit, the tireless volunteers who made the E-Racing the Blues® a successful event, and the Board for providing guidance and working as hard as the staff and the volunteers. Our work would not be as fruitful without the support of the State of Delaware Department of Health and Social Services and the Department of Services for Children, Youth and their Families. And we cannot forget all of those individuals and corporations who have made contributions to MHAID.

2011 saw the continuation of our educational programs like suicide prevention trainings and the annual Community Mental Health Conference, formerly the People of Color Mental Health Conference. We continued our emphasis on Suicide Prevention, training 930 gatekeepers in 2011 while distributing 4,800 suicide prevention toolkits and youth booklets. MHAID continued assisting the State of Delaware in the implementation of the Federal Department of Justice Settlement Agreement. Our advocacy efforts remain an important part of what we do as we do our support groups for depression, anxiety, survivors of suicide, and survivors of accidents and murder. We will continue chairing the Governor’s Advisory Council, co-chairing the State’s Suicide Prevention Coalition, and serving on the Supreme Court’s Mental Health Task Force as well as serving as Vice Chair of the Medicaid Pharmacy and Therapeutics committee insuring needed medications are available to those insured through Medicaid.

With our thanks for your past and present participation, we appeal for your continued support. Through financial donations and volunteer assistance, you help us expand our lifeline of services to individuals and families who struggle to maintain productive lives while managing mental health issues.

Sincerely,

Timothy J. Snyder
Board President
James Lafferty
Executive Director

STAFF

Jim Lafferty – Executive Director
Flo Albanese, MPA – Brandywine Program Team Leader
June Butler, M.Ed – Drop In, Drop Zone Activity Center
Victoria Chang, M.S.W. – Suicide Prevention Director
Karen A. DiNardo – Team Leader In-Patient Peer Services
Roberta Fishgold – Development Associate
Carlyle F.H. Hooff, M.Ed – Director, Behavioral Health Community Integration Housing
Laurie McArthur – Director of Development & Communication
Donna Mesko – Business Manager
Jennifer Seo, B.A. – Community Educator
Emily Vera, M.S.W. – Suicide Prevention Specialist
Franzoua Watson – Peer Crisis Debrief

Our Mission

The mission of the Mental Health Association in Delaware is to promote improved mental well being for all individuals and families in Delaware through education, support and advocacy.

Board of Directors

Timothy J. Snyder, Esq., President
Sandra M. Rodriguez, Vice President
Janet M. Brown, MSN, APRN, BC, Treasurer
Ms. Patricia Daniels, Secretary
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Paul E. Lakeman, FACHE, CFRE
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Harold Rosen, M.D.
Fern G. Skelly

MEMBER SERVICES

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Prevention Coalition
Center for Psychotherapeutic Services
Health, Outreach Partnership
Behavioral Health
Johnson Medical Center
Health, Crisis Intervention Services
Health Consortium of Health and Social Services, Division of Substance Abuse and Social Services, Division of Aging
College Consortium Health Services
Youth, and their Families, Division of Prevention and Behavioral General’s Office
School District Partnership & collaboration
School District
pArtnersHIP & collABorAtion
the Suicide Prevention Coalition which developed a Suicide and Mental Health and the Division of Child Mental Health, a committee and represents the public, is a member of the Council to the Division of Substance Abuse and Mental Health, need for mental health and substance abuse treatment.
need of the budgets for the Division of Substance Abuse and Mental Health & General
• AstraZeneca • Attention Deficit Disorder Association (ADDAA)
• Atlantic Refrigeration & Air Conditioning • Pamela Baker
• Bank of America • Barclays US • Bayhealth Medical Center • The Blanchard Family Foundation • Blue Cross Blue Shield of Delaware • Mary Brady • Bincici Pollin Group • Buck-Kennett Associates, LLC • Mrs. Carroll Carpenport
• Carspecken-Scott Galleries • Christiana Care Health System • The Christmas Shop Foundation • Pat & John Cochran • Joan & Art Connolly • Deborah Copeland & Phoebe Craven • Creative Solutions – Craig Rybinski • Dahlink Financial • Patty & Mike Daniels • Delaware Physicians Care, Inc. • Delaware Today • Delaware Power • Discount Picture Framing & Galleries • Doctors Express • Dover Behavioral Health System • Dukart Management Corp. • John du Pont • Bruce Fine • Dell DuPont Trust • The Freibott Law Firm, P.A. • FRX Company, Inc. • Jane & Bob Gibson • Brenda & Lauren Golt • Gore Creative Technologies • Nick & John Hawkins • Linda Heckert • Hopkins & Sons, Inc. • Horizon Services • ING DIRECT • James Filkins • Delaware Physicians Care, Inc. • William Keller, DDS • Dr. & Mrs. Gerard Kennealey • Janet & Brian Kramer • Krewatch Foundation • FT&T Insurance • Janet & Jim Lafferty • The Links, Wilmington Chapter • Louviers Federal Credit Union • Laurie & George McArthur • M. Davis & Sons, Inc. • Meadowbrook Behavioral Health System • Mid-De Charitable Foundation • Morris, Nichols, Arlist & Tunnel, LLP • The Mottoh Group • Mid&T Bank • National Institute of Mental Health (NIMH) • National Institute of Mental Health (NIMH) • National Insti- • New Directions • People’s Place • Psychotherapeutic Services • Red Clay School District • Rockford Center • Smyrna School District • SOEAT – Delaware Suicide Prevention Coalition • Sussex County Mental Health Task Force
• United Way of Delaware • University of Delaware, Center for Counseling and Student Development

ADOCVACY

AIDS Delaware • American Lung Association • Appoquinimink School District • Child Death, Near Death, and Stillbirth Commission • Christiana Care • Christiana Care – Moving Moms Forward • Christiana Care Health Services, Department of Psychiatry • City of Wilmington Health Planning Council • Colonial School District • Community Legal Aid Society • Connections CSP • Contact Efficient Health Care Network • Delaware Breast Cancer Coalition • Delaware Department of the Army Reserves • Delaware Department of Justice – Attorney General’s Office • Delaware Department of Children, Youth, and their Families, Division of Prevention and Behavioral Health Services • Delaware Health Care Commission • Delaware Interfaith Ministry • Delaware National Guard – Air and Army Delaware River and Bay Authority • Delaware Health and Social Services Council • Delaware State Police • Delaware Superior Court • Delaware Technical & Community College • Department of Corrections • Department of Health and Social Services, Division of Aging • Department of Health and Social Services, Division of Public Health • Department of Health and Social Services, Division of Substance Abuse and Mental Health • Department of Veterans Affairs, Veterans Administration • Department of Labor, Division of Vocational Rehabilitation • Division of Public Health, Public Health, Maternal and Infant Health Consortium • Division of Substance Abuse and Mental Health, Crisis Intervention Services • Easter Seals • Henrietta Johnson Medical Center • Horizon House • Indian River School District • Jewish Family Services • John Hopkins Medicine • La Red • Latin American Community Center • The Links, Inc., Wilmington, DE Chapter • Meadowood Hospital • Metropolitan Wilmington Urban League • Mid Atlantic Behavioral Health • MS Program in Community Counseling, Wilm. Univ. • NAMI-DE • National Institute of Mental Health • Outreach Partnership • New Castle County Office of Emergency Management • New Directions • People’s Place • Psychotherapeutic Services • Red Clay School District • Rockford Center • Smyrna School District • SOEAT – Delaware Suicide Prevention Coalition • Sussex County Mental Health Task Force • United Way of Delaware • University of Delaware, Center for Counseling and Student Development

EDUCATION

A few highlights from MHA’s many educational programs are the following:

Community Mental Health Conference
On November 19, 2011, MHA sponsored the 10th Annual Community Mental Health Conference, formerly known as the People of Color Mental Health Conference, at the Doubletree Hotel in downtown Wilmington. Over 200 participants enjoyed a variety of workshops, exhibits and a raffle, along with a keynote address from Dr. Bernice Berry, PhD, an award winning entertainer, lecturer, comedian and author.

MHA co-also chairs, with the Division of Substance Abuse and Mental Health and the Division of Child Mental Health, the Suicide Prevention Coalition which developed a Suicide Prevention Plan for the State of Delaware and is now in the implementation phase of the project.

PARTNERSHIP & COLLABORATION

Co-ordinator for the hard work:

Workshops for TANF (Temporary Assistance for Needy Families) Recipients
MHA collaborated with Psychotherapeutic Services to provide monthly informational workshops on mental health to clients at Employment Connections sites. Since many of these clients struggle with employment due to mental health and/or substance abuse issues, MHA presented information on what mental health disorders are, and how to get mental health help.

Support Group Presentations at Hospitals
Each month, MHA presents to the adult participants attending the partial day programs at Meadowood Hospital, Rockford Center, Wilmington Hospital, and Dover Behavioral Health Services. MHA collaborates with Christiana Care to bring awareness outside of the hospital setting.

Moving Moms Forward
MHA collaborates with Christiana Care to bring awareness about post-partum depression to mothers and soon-to-be mothers. MHA provides short, educational presentations on mental health, particularly post partum depression and anxiety.

Beyond Stress Presentations
MHA offers community education presentations on a variety of mental health topics at different facilities and organizations throughout the state of Delaware. Topics range from depression to suicide and also include ways to deal with stress and ways they can receive help if needed and can be tailored to suit the agency’s need.

Dissemination of Toolkits:
In 2011, nearly 4800 complete toolkits and youth booklets were disseminated to hospitals, schools, nonprofit organizations, and many other groups. In addition, MHA brought toolkits and provided a workshop regarding the suicide prevention campaign and efforts at the National Institute of Mental Health (NIMH) PartNersHIP Conference in Houston, TX, at the request of NIMH. Gatekeeper Trainings:
In 2011, we completed eight Persuade Persuade (QPR) suicide prevention trainings, ten depression and suicide awareness trainings, eleven 3-hour safeTALK suicide alertness trainings, and eleven 2-day Applied Suicide Intervention Skills Trainings (ASIST). There were 930 participants trained in 2011 in suicide awareness or suicide prevention trainings.

SUPPORT OF $300 OR MORE
(product, in-kind, monetary)

21st Century Insurance • 99.5 WJBR • Sallie & Jack Akeser • Aloyius, Butler & Clark • American Lung Association • Anonymous • Anonymous • Aquila of DE • Ashland, Inc. • AstraZeneca • Attention Deficit Disorder Association (ADDAA) • Atlantic Refrigeration & Air Conditioning • Pamela Baker • Bank of America • Barclays US • Bayhealth Medical Center • The Blanchard Family Foundation • Blue Cross Blue Shield of Delaware • Mary Brady • Bincici Pollin Group • Buck-Kennett Associates, LLC • Mrs. Carroll Carpenport
• Carspecken-Scott Galleries • Christiana Care Health System • The Christmas Shop Foundation • Pat & John Cochran • Joan & Art Connolly • Deborah Copeland & Phoebe Craven • Creative Solutions – Craig Rybinski • Dahlink Financial • Patty & Mike Daniels • Delaware Physicians Care, Inc. • Delaware Today • Delaware Power • Discount Picture Framing & Galleries • Doctors Express • Dover Behavioral Health System • Dukart Management Corp. • John du Pont • Bruce Fine • Dell DuPont Trust • The Freibott Law Firm, P.A. • FRX Company, Inc. • Jane & Bob Gibson • Brenda & Lauren Golt • Gore Creative Technologies • Nick & John Hawkins • Linda Heckert • Hopkins & Sons, Inc. • Horizon Services • ING DIRECT • James Filkins • Delaware Physicians Care, Inc. • William Keller, DDS • Dr. & Mrs. Gerard Kennealey • Janet & Brian Kramer • Krewatch Foundation • FT&T Insurance • Janet & Jim Lafferty • The Links, Wilmington Chapter • Louviers Federal Credit Union • Laurie & George McArthur • M. Davis & Sons, Inc. • Meadowbrook Behavioral Health System • Mid-De Charitable Foundation • Morris, Nichols, Arlist & Tunnel, LLP • The Mottoh Group • Mid&T Bank • National Institute of Mental Health (NIMH) • National Institute of Mental Health (NIMH) • National Insti- • New Directions • People’s Place • Psychotherapeutic Services • Red Clay School District • Rockford Center • Smyrna School District • SOEAT – Delaware Suicide Prevention Coalition • Sussex County Mental Health Task Force • United Way of Delaware • University of Delaware, Center for Counseling and Student Development

• 2012 resources released from restriction $75,000

**Total $1,201,310**