



REGISTRATION FORM

Name: _____

Address: _____

PH #: _____

E-Mail: _____

Agency/Organization: _____

Occupation: _____

Please choose the training:

- NCC ASIST, March 8-9
- Kent County ASIST, May 10-11

- NCC safeTALK, February 10, 9am-12pm
- Kent County safeTALK, March 30, 9am-12pm
- Sussex County safeTALK, April 27, 9am-12pm

If you are interested in setting up a free training for your organization, please let us know.

To Register, you may

- register via fax:
302-654-6838
- register via email:
jseo@mhainde.org
- register via phone:
302-654-6833 ext. 17



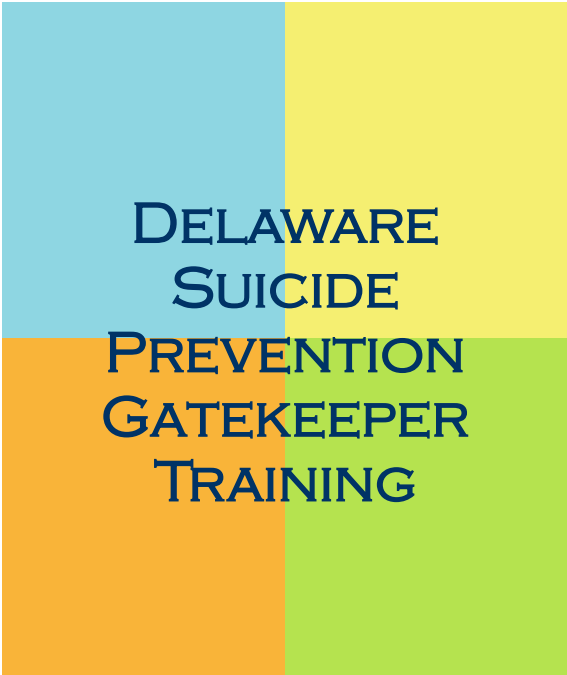
visit www.getrightsideup.org
for more information on the Project LIFE
Suicide Prevention Campaign



**Mental Health
Association
in Delaware**

WWW.MHAINDE.ORG
100 W. 10th Street
Suite 600
Wilmington, DE 19801

Phone: 302-654-6833 x 17
Fax: 302-654-6838
E-mail: jseo@mhainde.org



DELAWARE SUICIDE PREVENTION GATEKEEPER TRAINING

February—May, 2012
TRAINING SCHEDULE



DELAWARE'S
PROJECT
LIFE
(LIVING IS FOR EVERYONE)





ASIST

ASIST (Applied Suicide Intervention Skills Training) is for caregivers who want to feel more comfortable, confident and competent in helping to prevent the immediate risk of suicide. Over one million caregivers have participated in this evidence based two-day, highly interactive, practical, practice-oriented workshop. ASIST is the most researched suicide prevention skills training world-wide.

The Workshop

ASIST provides practical training for caregivers seeking to prevent the immediate risk of suicide. Participants often include:

- people concerned about family & friends
- natural helpers and advisers
- emergency service workers
- counselors, teachers and clergy members
- mental health practitioners
- workers in health, welfare or justice
- community volunteers

The Outcome

The emphasis of the ASIST workshop is on suicide first aid, on helping a person at risk stay safe and seek further help. Attendance at the full two days is essential. Learn how to:

- recognize invitations for help
- reach out and offer support
- review the risk of suicide
- apply a suicide intervention model
- link people with community resources

ASIST TRAINING DATES

Date	Deadline to Register
March 8-9 <i>New Castle County</i>	February 29
May 10-11 <i>Kent County</i>	April 30

Registration is required. Space is limited.
ASIST is a two-day workshop from 8:30-4:00.

All Gatekeeper Trainings are available at no cost.

The location of the workshops will be provided upon registration. Full attendance is required to earn ASIST certificate and CEU application.



safeTALK

suicide alertness for everyone

If a two-day training conflicts with your schedule, Gatekeeper Trainers can provide a safeTALK training or custom awareness workshop/training.

safeTALK: a 3 hour training that prepares anyone over the age of 15 to identify persons with thoughts of suicide and connect them to suicide first aid resources. As a safeTALK-trained suicide alert helper, you will be better able to:

- move beyond common tendencies to miss, dismiss or avoid suicide;
- identify people who have thoughts of suicide;
- apply the TALK steps (Tell, Ask, Listen and Keep Safe) to connect a person with suicide thoughts to suicide first aid, intervention caregivers.

SAFETALK TRAINING DATES

Date	Deadline to Register
Time: 9-12p	
February 10 <i>New Castle County</i>	February 1
March 30 <i>Kent County</i>	February 29
April 27 <i>Sussex County</i>	March 31